

Suicide and Mental Health Resources

for

Fremont County, Wyoming

National Suicide Prevention Lifeline	1-800-273-TALK (8255) Press 1 for Veterans Press 2 for Spanish www.suicidepreventionlifeline.org
Wyoming Crisis Text Line	text "WYO": to 741741
National Youth Crisis Helpline	1-800-SUICIDE (784-2433)
Suicide Chat Hotline	www.remedylive.com
National CrisisText-line	www.crisistextline.org
Wyoming Behavioral Institute Crisis Hotline	1-800-457-9312
Wyoming Counseling, Riverton	307-857-3111
Alternative Counseling Associates, LLC, Lander	307-332-4515
Boys Town National Hotline	1-800-448-3000
Parent Hotline	1-800-840-6537
Gary Curtis, LCSW, Lander	307-330-5060
Fremont Counseling Service, Lander	307-332-2231, Crisis# 307-332-4233
Fremont Counseling Service, Riverton	307-856-6587, Crisis# 307-856-7489
Grace for 2 Brothers	http://www.gracefor2brothers.com
The You Are Not Alone Network	www.youarenotalonenetwork.org
Aspen Psychological Services, Riverton	307-463-0890, www.aspenpsychologywy.com
Wind River Family & Community Healthcare	307-856-9281, dial 0, www.windrivercares.com